

COMMUNITY NEWS

Living Well with Chronic Pain Workshop

Chronic Pain Self-Management is a free workshop designed to help people living with chronic pain better manage their symptoms and improve their daily lives. This program is being offered at no cost by Catholic Charities of Southern MN in partnership with the Buckham West Faribault Area Senior Center.

In this six-session workshop, participants learn practical skills to manage the challenges of living with chronic pain, including: stress management, exercise proven to lessen symptoms, healthy eating, goal setting, medication management, effective communication skills and resources to assist in evaluating treatment options. The Workshop is interactive and focuses on peer support.

A brief informational meeting with the opportunity to register will be held at 1:30 p.m. on Tuesday, January 15 in the Buckham West Faribault Area Senior Center.

Workshop sessions will take place at the Senior Center each Tuesday for six weeks from 1:30 p.m. to 3:30 p.m. beginning January 22, 2019. Registration is required as space is limited.

For additional information, questions or to register, you may call Michael Maas at (507) 450-1518.

PLEASE CHECK THE BULLETIN BOARD IN THE NARTHEX FOR COMMUNITY AND NON-CHURCH SPONSORED ACTIVITIES

WEEKLY CALENDAR

| | | |
|--------------------------|--------|--|
| Sat. (29 th) | 5:30 | Lessons & Carols |
| Sun. (30 th) | 8:00 | Lessons & Carols |
| | 9:15 | Fellowship |
| | 10:30 | Lessons & Carols |
| Mon. (31 st) | | New Year's Eve Church Office Closed (AFTERNOON) |
| Tue. (1 st) | | New Year's Day—Happy New Year WELCOME 2019!! Church Office Closed |
| Wed. (2 nd) | 4:30 | Community Cathedral Café |
| | | FLS Resumes |
| | 8:30 | FLS Chapel |
| | 9:00 | Quilting |
| | 9:00 | Trails Edge Bible Study |
| | 6:00 | Handbells |
| | 6:00 | Connection Practice |
| Thu. (3 rd) | 7:00 | Choir |
| | 11:30 | JOY—Potluck |
| | 2:30 | New Perspective (C) |
| | 3:45 | St. Lucas/Deaconess (C) |
| | 6-7:30 | American Heritage Girls |
| Fri. (4 th) | 7:00 | Men's Bible Study & Breakfast |
| Sat. (5 th) | 9:00 | "Un-decorating" of the Church |
| | 5:30 | Worship |
| Sun. (6 th) | | Epiphany |
| | 8:00 | Worship |
| | 9:15 | Adult Bible Study/Fellowship/ Sunday School |
| | 10:30 | Connection (C) - Baptism |
| | 1:30 | Bible Bowl Practice |

- Serving Trinity Lutheran Church and Faribault Lutheran School -

Rev. Paul Rieger, Associate Pastor Rev. Maynard Spitzack, Rev. Eugene Chase, Rev. Rex Longshore, Visitation Pastors
Rev. Robert Snyder, Pastor Emeritus Gatluk Reat, Vicar
Bill Kirkpatrick, Business Manager Nancy Simonson, Family Ministry Jennifer Kingland, Office Manager
Seth Winter, FLS Principal Rachel Rieger, FLS Administrative Assistant

Worship Broadcasts: Radio (KDHL 920 AM) Sunday at 8:00am

Address: 530 4th St. NW Phone: (507) 331-6579 Trinity website: www.trinityfaribault.org Facebook.com/Trinityfaribault
Trinity Radio Website: www.trinityradioandvideo.org Consolidated Communications TV channel 10 & Charter channel 181, Mon. &/or Tues., 3:30pm

Trinity News of the Week

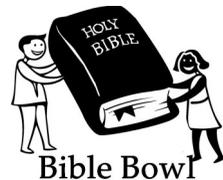
December 29 & 30, 2018

Welcome to Trinity Lutheran Church, Faribault, MN. We are pleased you are here!
An Information Center can be found in the narthex with brochures, pamphlets, and booklets about Trinity, LCMS schools, upcoming programs, and community events. Please help yourself to these materials.

CHRISTIAN EDUCATION

WEEKLY DEVOTIONAL READINGS

| | |
|---------------------------|----------------------------|
| Mon. 12/31: Gen. 46:1-7 | Thu. 1/3: Isaiah 60:1-6 |
| Tue. 1/1: I Peter 4:12-19 | Fri. 1/4: Ephesians 3:1-12 |
| Wed. 1/2: Psalm 72:1-11 | Sat. 1/5: Matthew 2:1-12 |



Bible Bowl

It's time for all in grades 7 - 12 to be thinking "Bible Bowl" again. The 2019 competition will be taking place on Saturday, April 6 at Concordia University, St. Paul. Please consider being part of the team

that will be studying the Gospel of Mark, ESV. Contact Philip Simonson at church or call/text at 507-213-8121 so that practices can commence on Sunday afternoons in January through March. Our first practice will be on January 6 at 1:30 p.m. You are wanted on the team!

EVANGELISM & OUTREACH

In Our Prayers for Strength, Comfort, and Healing...

Bill & Judy; Donna Babcock; Verna Bahl; Mandy Blume; Martha Deng; Dan Eastman; Austin Ellerbusch; Kim Krueger; James McBride; Bob Meyer; Elaine & Helen Morgan; Julia Morrissey; Genia Moore; Nancy Schultz; Mardy Snyder; Patty Stonehouse; Dennis Waskosky

Prayers for those whose names we carry in our hearts.

Prayers of thanksgiving for Ray Sanders, celebrating his 90th birthday, and Mary Ann Sanders, celebrating her 85th birthday on Sunday, December 30.

Prayers for the family & friends of Verda Beatty, mother of Tom (Barb) Beatty, who passed away December 26.

FELLOWSHIP

With the next Dart Ball session approaching on Thursday night January 10 at Peace Church in Faribault, I am putting a reminder out there for those who want to play.



In November we, along with members from Peace, brought home the trophy first time out. I have had some people show interest but could always use more to fill out a full team by ourselves. Join us, young and old, for fun, fellowship, and lots of laughs Thursday night, January 10, 7:00 p.m. at Peace Church here in Faribault.

Come early to get some practice in and, if able, bring some bars to share for the meal afterwards. If you have any questions get ahold of Brian Fuchs at bamfuchs@gmail.com or call 507-412-7183.



The JOY Group wishes all a very blessed Christmas and a happy New Year!

We will start 2019 with a Potluck on January 3 in the Fellowship Hall at 11:30 a.m. Bring a dish to share and your own eating utensils. Then we will have a remembrance for the loved ones we lost this year from JOY Group.

Bring your ideas for the new year of planning and outings. Thank you!

~Marcy Matthies

It's back: Family Game Night! We will meet in the Fellowship Hall on Saturday, January 26 from 6:30-8:30 p.m. Bring the family out to have some fun meeting new friends and playing board games. If you have a favorite game feel free to bring it or come try some that will be provided. If you would like to bring an appetizer or dessert to share, that is great and if not, we still want you just to come. See you there!



The "Coffee Ladies" will be unavailable during the month of January.

Anyone willing to take this project over during this time, your help is appreciated!

PROPERTY

With the office construction project underway, we need your understanding and help. The East parking lot isn't large enough for everyone to park there. The West doors will be locked. If you are able, please park in the West lot and walk around on the North sidewalk to the East doors. Or you can enter the 4th St. doors, which will be open twenty minutes before each service. The 4th St. doors will be locked at the beginning time of each service for security reasons. All parking spaces facing the East sidewalk will be reserved for handicapped and those unable to walk distances. The rest of the East parking lot is open, but please leave it for those who are coming late or for guests. Thank you.

STEWARDSHIP

The Church Office will be closed the afternoon of New Year's Eve and New Year's Day.
~God bless your holiday!

Pastor Rieger will be out of the office December 26 through January 1.

Starting in the new year Pastor's office hours will be:

Monday - day off
Tuesday through Thursday - in office
Friday - study day



Pastor will always be available for pastoral emergencies. If you have a pastoral emergency, call Pastor Rieger's cell phone at (636) 751-4784.



**IT'S ALL ABOUT GRACE
New Office Addition**

\$392,000 TOTAL COST



To Break Ground

The graph showing the progress of Trinity's New Office Fundraiser will be updated each week.

The ornate cross in the Narthex also displays this progress.

Please keep the New Office Addition's planning, building, and fundraising, in your prayers.

Cash Received includes the \$100,000 estate gift.

Last Chance this year for Thrivent Dollar Donations: To get your Thrivent Dollars into your 2018 donations, your Thrivent Dollar designation to Trinity Church must be made before the end of December. This is an easy and efficient way of helping us meet our budget goal this year. Please consider giving in this way!

| STATISTICS | |
|--|-----------------------|
| Attendance | General Fund Receipts |
| 94 | \$ 1,181 |
| <i>(Advent Service, December 19, 2018)</i> | |
| 290 | \$15,111 |
| <i>(Weekend Services, December 22/23, 2018)</i> | |
| Weekly budgetary needs in 2018: \$13,589 | |
| CUMULATIVE TOTALS | |
| <i>Time Period: January 1-December 24, 2018 (51 Weeks)</i> | |
| Budgetary Needs | Receipts |
| \$693,039 | \$623,062 |



We will be removing the Christmas decorations at church on Saturday, January 5, beginning at 9:00 a.m. Please come help with the removal of the greens. Many willing workers, will make the task easy and fun!

January Newsletters are available on the Worship Carts. Please be sure to take one home with you today!

LCMS Stewardship

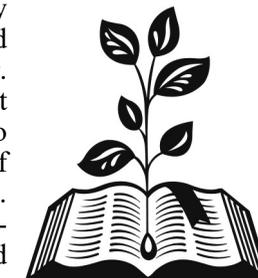
Luke 2:38 – **“And coming up at that very hour she began to give thanks to God and to speak of him to all who were waiting for the redemption of Jerusalem.”** Notice here how giving thanks to God leads to good works (speaking about Jesus, in this case). Thankfulness toward God for all He has done for us is the foundation of a Christian life lived in godliness. For if we know all that the Lord has done for us, how can we not strive to honor Him with what we think, say, and do?

Trinity has submitted all requested documentation and the Nomination Forms for the Call Process to the District Office. We will patiently wait for the Holy Spirit to work through the District Office as they help us move forward with the Call.



Reading Resolutions

Every January, many Christians resolve to read the entire Bible in one year. That's a worthy goal, but God doesn't require us to read a certain number of verses or chapters per day. Instead, he tells us to simply be in his Word — and thus be with him — so he can grow our faith, light our path and assure us of his love and forgiveness. God's Word is a precious gift, but we need to “unwrap” it!



F.B. Meyer offers this helpful advice for a new year of discovering (and rediscovering!) Scripture: “Read the Bible, not as a newspaper, but as a home letter. If a cluster of heavenly fruit hangs within reach, gather it. If a promise lies upon the page as a blank check, cash it. If a prayer is recorded, appropriate it and launch it as a feathered arrow from the bow of your desire. If an example of holiness gleams before you, ask God to do as much for you. If the truth is revealed ... entreat that its brilliance may ever irradiate ... your life.”

The NEWSLETTER Newsletter, January 2019

“Learn to light a candle in the darkest moments of someone's life. Be the light that helps others see.”

—Roy T. Bennett