



TRINITY LUTHERAN CHURCH

530 4th Street NW Faribault, MN 55021 507.331.6579

NEWSLETTER

VOLUME 23, ISSUE 3

March 2023

I ARISE TODAY

~The NEWSLETTER Newsletter March 2006

St. Patrick's prayer is often called "Saint Patrick's Breast-plate" because it was thought to protect him from hostile powers. Here are some portions of the prayer:

I arise today
Through the strength of Christ's birth with his baptism,
Through the strength of his crucifixion with his burial,
Through the strength of his resurrection with his ascension...

I arise today
Through God's strength to pilot me:
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me...



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THE CHRISTIAN SYMBOL

~The NEWSLETTER Newsletter March 2023



SHAMROCK —
St. Patrick used the shamrock to teach people about the Godhead. Holding up a shamrock, he challenged them, "Is this one leaf, or three?" Inevitably, people replied that it was both, prompting St. Patrick to draw the analogy that so, too, is God: one God in three Persons — the Holy Trinity.



NEWSLETTER HELP NEEDED!

Helpers are needed on Friday, March 24, beginning at 1:00 p.m. to assemble the April Newsletters.

If you can help, please contact Jennie in the church office (507) 331-6579 or just show up! There are many tasks - assembling, folding, taping...

More helpers are always welcome.

Daily Bible Readings: March 2023

Mar. 1 - Numbers 27, 28, 29; Mark 8

Mar. 2 - Numbers 30, 31; Mark 9

Mar. 3 - Numbers 32, 33; Mark 10

Mar. 4 - Numbers 34, 35, 36; Mark 11

Mar. 5 - Deuteronomy 1, 2; Mark 12

Mar. 6 - Deuteronomy 3, 4; Psalm 36; Mark 13

Mar. 7 - Deuteronomy 5, 6; Psalm 43; Mark 14

Mar. 8 - Deuteronomy 7, 8, 9; Mark 15

Mar. 9 - Deuteronomy 10, 11, 12; Mark 16

Mar. 10 - Deuteronomy 13, 14, 15; Galatians 1

Mar. 11 - Deuteronomy 16, 17, 18; Psalm 38;
Galatians 2

Mar. 12 - Deuteronomy 19, 20, 21; Galatians 3

Mar. 13 - Deuteronomy 22, 23, 24; Galatians 4

Mar. 14 - Deuteronomy 25, 26, 27; Galatians 5

Mar. 15 - Deuteronomy 28, 29; Galatians 6

Mar. 16 - Deuteronomy 30, 31; Psalm 40;
I Corinthians 1

Mar. 17 - Deuteronomy 32, 33, 34; I Cor. 2

Mar. 18 - Joshua 1, 2; Psalm 37; I Corinthians 3

Mar. 19 - Joshua 3, 4, 5, 6; I Corinthians 4

Mar. 20 - Joshua 7, 8; Psalm 69; I Cor. 5

Mar. 21 - Joshua 9, 10, 11; I Corinthians 6

Mar. 22 - Joshua 12, 13, 14; I Corinthians 7

Mar. 23 - Joshua 15, 16, 17; I Corinthians 8

Mar. 24 - Joshua 18, 19, 20; I Corinthians 9

Mar. 25 - Joshua 21, 22; Psalm 47; I Cor. 10

Mar. 26 - Joshua 23, 24; Psalm 44; I Cor. 11

Mar. 27 - Judges 1, 2, 3; I Corinthians 12

Mar. 28 - Judges 4, 5; Psalm 39, 41; I Cor. 13

Mar. 29 - Judges 6, 7; Psalm 52; I Cor. 14

Mar. 30 - Judges 8; Psalm 42; I Cor. 15

Mar. 31 - Judges 9, 10; Psalm 49; I Cor. 16



SERVING TRINITY & FLS

- Rev. Hal Rex Longshore,
Visitation Pastor
- Rev. Gatluk, Reat,
Sudanese Evang. Lutheran
Mission Church
- Bill Kirkpatrick,
Finance/Property Manager
- Nancy Simonson,
Family Ministry
- Jennifer Kingland,
Office Manager
- Bill & Mary Jewison,
Custodians
- Chrysteena Saehler,
FLS Administrator/Principal
- Jessica Lewis,
FLS Administrative
Secretary

SUNDAY SCHOOL

On Sunday February 12, Sunday School students and their families gathered in the gym for a brunch potluck and to make Valentines to be given to nursing home residents and shut-ins. Families worked together to try and decode a Biblical Valentine escape room. The children also sang at the 10:30 worship service.

GRANDPARENTING



Every Monday night a Zoom meeting is hosted by Legacy Coalition. Each Zoom meeting features guest speakers on various topics focusing on grandparenting in these times.

Contact Legacy Coalition or Nancy Simonson for more information.

MARCH 6, 2023

The Value of Wrinkles - A Young Perspective on How Loving the Old Will Change Your Life

Isabel Tom, Speaker, Educator, & Author

MARCH 13, 2023

How to Stay Drama Free Among Family

Cindi McMenamin, National Women's Speaker, Author, Writing Coach

FAMILY MINISTRY

On Saturday, Feb. 11 a date night was offered to parents. Free babysitting was offered on our campus. 12 children had fun playing games, making a craft and decorating cookies. Thanks to the 7 youth who helped watch the children.



A special Lenten event is being planned for Sunday, March 5 at 9:15 in the gym. We will be making pretzels and exploring how they can connect with prayer. Families will receive resurrection egg devotions to be used in the home.

On February 26, a class was held for two-year-olds and their parents. Parents learned how to talk about God and matters of the faith with their children through teachable moments and also learned how to speak words of blessing to their child. Parents had the chance to discuss with other parents of two-year-olds the challenges and joys of spiritual parenting. Each family was given a Pray and Play Bible story book. A blessing event will held soon.



VACATION BIBLE SCHOOL

2023 VBS, Stellar, is being planned for August 6-10. Preparations are beginning for this exciting event! Contact Nancy Simonson if you wish to help.



Phone: 507-334-7982

526 Fourth Street NW, Faribault, MN 55021

administrator@flsweb.org

Theme 2022-2023:
"MAKING DISCIPLES FOR LIFE"
Matthew 28:19-20

March is always an exciting time. We begin to see more daylight hours, the sun begins to show more, the snow (hopefully) begins to melt faster, and it starts the busy season at school.

February kicked off our 2023-2024 registration, and it is crazy to think we are already planning for next year. Registration looked completely different this year as it was all done online. Prospective and returning families are able to fill out registration forms online using TADs.com. There are already wait lists for Kindergarten, 1st, 2nd, and 5th grade. I am excited to see how FLS can grow over the next few years.

This month we are kicking off our performances with the 3rd-6th grade musical. The musical is "Rescue in the Night," it tells the story of Daniel in the lions den. All are invited to our two performances. We will have our dress rehearsal on Wednesday, March 22 at 1:00 pm. The night performance will take place on Thursday, March 23 at 6:00 pm. All are welcome to come to either performance.

We will also be having visitors day on Wednesday, March 22. Chapel that day will be at 10:30 am in the Trinity Sanctuary. Visitors are welcome to come to chapel, enjoy lunch, stay for the musical dress rehearsal, and join Mrs. Saehler for desserts and coffee.











We end March with our Spring Break from March 27-31. School office hours will be from 9 am - 2 pm Monday through Thursday. The office will be closed on Friday, March 31.

Chrysteena Saehler
Principal
Faribault Lutheran School



Make a Snack to Share With a Friend

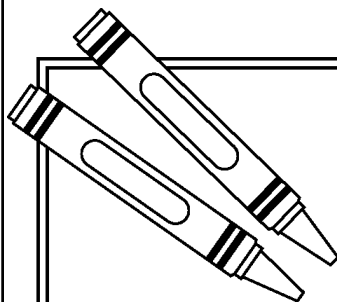
You will need:

-  large bowl
-  small bowl
-  spoon
-  fork
-  4 cups toasted oat cereal
-  1 can (6-1/2 oz.) peanuts*
-  1 cup raisins
-  1/4-cup margarine
-  1 package (6 oz.) semi-sweet chocolate chips
-  plastic sandwich bags

How to make the treats:

- Mix the cereal, peanuts* and raisins in the large bowl.
- Melt the margarine in the small bowl using a microwave oven. (*Please ask an adult to help with this step.*)
- Pour the margarine over the cereal mixture.
- Use the fork to lightly toss the mixture until it's coated with margarine.
- Sprinkle the chocolate chips into the mixture and toss again.
- Spoon the mixture into the bags and share them with friends for a snack.

**Caution: Some people are very allergic to nuts. You can leave the peanuts out if you need to.*

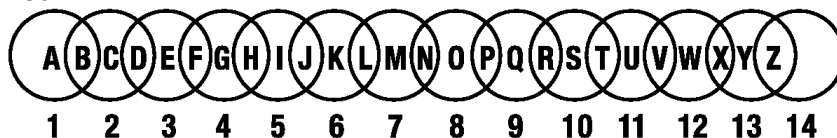


Just for KIDS

How to Treat Others

How does God want us to get along with other people? Ephesians 4:32 tells us. To find out what it says, use the code to fill in the blanks.

CODE:



"

1,2 3 6 5 7,8 2,3 1 7,8 2,3

2 8 7 8,9 1 10 10 5 8 7,8 1 10,11 3

10,11 8 8 7,8 3 1 7,8 8 10,11 4,5 3 9,10

3,4 8 9,10 4 5 11,12 5 7,8 4 3 1 2 4,5

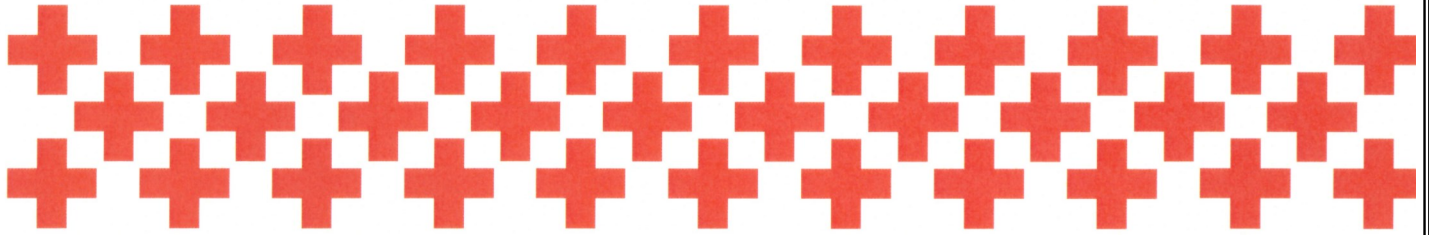
8 10,11 4,5 3 9,10 5,6 11 10 10,11 1 10

5 7,8 2 4,5 9,10 5 10 10,11 4 8 2,3

3,4 8 9,10 4 1 11,12 3 13 8 11

"

Answer: "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."



American Red Cross

Blood Drive
Trinity Lutheran Church

530 4th St. NW
Faribault, MN 55021

Friday, March 3, 2023
11:00 a.m. to 5:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: TrinityFaribault to schedule an appointment.



Scan to be directed to
RapidPass®



Download the Blood Donor App today. Get your digital donor card, schedule your next appointment, track your lifetime donations, view your blood pressure, and follow your donation on its way to a hospital.



Scan to schedule
an appointment.

HUMAN CARE: MINNESOTA FOODSHARE MONTH



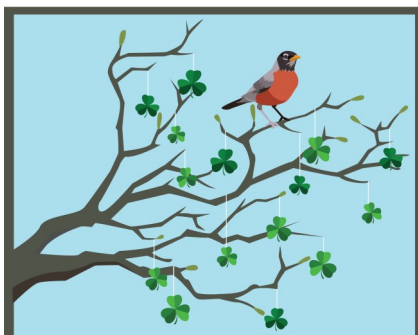
**Food
Collection**

Trinity members are reminded that March is Minnesota FoodShare Month. This campaign encourages Minnesotans to contribute to local food shelves to help replenish their supplies after the long winter months.

Items can be placed in the large bins in the narthex during the month of March. (Remember, they cannot accept items whose "use by date" has expired.) Thank you for your generosity and continued support of this service to feed the hungry in our community.

~Trinity's Human Care Team

MARCH



BIRTHDAYS

Happy March Birthday!

Special Greetings to Trinity members in Care Facilities or Shut Ins with March birthdays. We ask that you remember our fellow members in your prayers and help brighten their day with a card or visit.

3/12 Leola Rodewald

843 Faribault Rd. Apt. 114
Faribault, MN 55021

3/29 Esther Sipult

500 1st St. SE
Faribault, MN 55021

3/15 Duane Roemhildt

828 1st St. NE Apt. 203
Faribault, MN 55021

We thank God for all of our church family. You are invited to remember the birthdays of our Octogenarian and Nonagenarian congregation members. Say a kind word, offer a prayer or send a card!

Vivian Hagre (3/5), Harland Davis (3/7), Gerald Langeslag (3/8), Carol Dickison (3/12) **80th Birthday!**, Harold Spitzack (3/14), Mardy Snyder (3/20), Catherine Phillops (3/27), Barb Wegner (3/27), Marion Appelgren (3/30)

J.O.Y. BRUNCH AT PERKINS

♪ I've got the J.O.Y....down in my heart ♪

We'll try a **Perkins brunch** again, this time in **March**, you see;

Tuesday the 14th is the new date set, at **10 a.m.** [whoopee!!!]

Come for **breakfast or lunch, or just coffee**, if that's your "cup of tea."

We gather all as one again, how's that for family?

Sugar or cream for your coffee? Stir it with a spoon;

Sign up at the Welcome Center, so we reserve the right size room.



GAME NIGHT

Join Game Night on Saturday,
March 11, 6:30-8:30 p.m.
in the Fellowship Hall!

Bring your favorite game and some treats to share or just show up to enjoy a great time of fun and fellowship.

Everyone is welcome.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:30 FLS Chapel 9:00 Quilting 2:30 New Perspective -c 4:00 Pleasant View Estates -c 5:30 Lenten Service 6:30 Potato Bar 6:30 Confirmation (7th/8th) 7:00 Connection Practice	2 11:30 Prayer Group 5:30-8:00 AHG (FH, MR, Gym, N, After school care)	3 8:00 Men's Bible Study 11-5:00 Blood Drive 12:40 Trinity Kitchen-FLS 	4 5:30 Worship
5 8:00 Worship 9:15 Adult Bible Study 9:15 Lenten Family Event 10:30 Connection -c 1:30-3:30 Bible Bowl 4-7:00 AHG (FH & N)	6 3:30 Sunday Worship on TV 7:00 Grand Monday (online)	7 8:30 Staff Mtg. 9:00 Bible Study 2-2:45 FLS (FH) 3:30 Sunday Worship on TV 4:15 Community Cathedral Café 6:00 Handbells 7:00 Choir	8 8:30 FLS Chapel 9:00 Quilting 1:00 Mill City -c 4:00 Emeralds -c 5:30 Lenten Service 6:30 6th Grade Conf. 6:30 Confirmation (7th/8th) 7:00 Connection Practice	9 11:30 Prayer Group 2:00 Human Care 6:30 FLS Brd. Mtg. (Peace)	10 8:00 Men's Bible Study 12:40 Trinity Kitchen-FLS	11 5:30 Worship -c 6:30 Game Night
12 8:00 Worship -c 9:15 Adult Bible Study 9:15 Sunday School 9:15 Parent Bible Study (Nursery) 9:20 Youth Bible Study 10:30 Worship 11:30 Young Family Potluck 1:30-3:30 Bible Bowl 	13 3:30 Sunday Worship on TV 7:00 Grand Monday (online) 7:00 Trumps' Bible Study (<i>off site</i>)	14 8:30 Staff Mtg. 9:00 Bible Study 10:00 JOY (Perkins) 2-2:45 FLS (FH) 3:30 Sunday Worship on TV 4:15 Community Cathedral Café 6:00 Handbells 6:30 LLB Meeting 7:00 Choir	15 8:30 FLS Chapel 9:00 Quilting 10:00 Milestone -c 3:30 Faribault Senior Living -c 5:30 Lenten Service 6:30 6th Grade Conf. 6:30 Confirmation (7th/8th) 7:00 Connection Practice	16 11:30 Prayer Group 1:00 Women In Mission 5:30-8:00 AHG (FH, MR, N, After school care)	17 8:00 Men's Bible Study 12:40 Trinity Kitchen-FLS  <u>Newsletter Deadline</u>	18 1-4:00 AHG Craft (Fellowship Hall) 5:30 Worship
19 8:00 Worship 9:15 Adult Bible Study 9:15 Sunday School 9:15 Parent Bible Study (Nursery) 9:20 Youth Bible Study 10:30 Connection -c 1:30-3:30 Bible Bowl	20 3:30 Sunday Worship on TV 7:00 Grand Monday (at Trinity) <u>First Day of Spring</u>	21 8:30 Staff Mtg. 9:00 Bible Study 2-2:45 FLS (FH) 3:30 Sunday Worship on TV 4:15 Community Cathedral Café 6:00 Handbells 6:30 Elders' Mtg. 7:00 Choir	22 9:00 Quilting 10:30 FLS Chapel 1:00 Dress Rehearsal 5:30 Lenten Service 6:30 6th Grade Conf. 6:30 Confirmation (7th/8th) 7:00 Connection Practice <u>FLS Visitors Day</u>	23 11:30 Prayer Group 6:00 FLS 3rd-6th gr. Musical	24 8:00 Men's Bible Study 12:40 Trinity Kitchen-FLS 1:00 Newsletters Assembled	25 1:00 Doors Open 2:00 Wrestling Begins 5:30 Worship -c <u>Wrestling Fundraiser</u>
26 8:00 Worship -c 9:15 Adult Bible Study 9:15 Sunday School 9:15 Parent Bible Study (Nursery) 9:20 Youth Bible Study 10:30 Worship 1:30-3:30 Bible Bowl	27 3:30 Sunday Worship on TV 7:00 Grand Monday (online) 7:00 Trumps' Bible Study (<i>off site</i>)	28 8:30 Staff Mtg. 9:00 Bible Study 3:30 Sunday Worship on TV 4:15 Community Cathedral Café 6:00 Handbells 6:00 Property Brd 7:00 Choir	29 9:00 Quilting 5:30 Lenten Service 6:30 7th/8th Grade Confirmation 7:00 Connection Practice	30 11:30 Prayer Group	31 8:00 Men's Bible Study	
<u>FLS - Spring Break (No School)</u>						



Join us for our next professional wrestling show to help raise money for Trinity Radio Ministries.

**The show will be on Saturday, March 25 at
2:00 p.m. in the Trinity gym.
Doors open at 1:00 p.m.**

Prices are \$15 at the door, \$12 in advance, kids 6 and under Free

**For more information and to purchase tickets in advance visit:
<https://ticketstripe.com/trinity-rumble-2k23>**

**If you have any questions, contact Brian Fuchs
at bamfuchs@gmail.com, by phone at 507- 412-7183.**

LENTEN DISCIPLINE: DENYING THE SELF

We are at the beginning of Lent. During the Lenten season, the church calls to our attention the sufficiency of what God gives. It points to the sufficiency of God's grace in the atoning work of Jesus. It shows us the sufficiency of faith in Jesus' work for us. It makes known the sufficiency of God's Word in faith and life.

But Lent doesn't just remind us of the sufficiency of God's spiritual gifts — the gifts that pertain to our redemption and salvation. Lent also reminds us of the sufficiency of the physical, temporal gifts of God which pertain to this body and life. In other words, it reminds us of the importance of godly contentment and of outward discipline and training of the body.

This outward training of the body teaches us not to give in to every desire of our flesh, but to learn to say no to them. And it does this in such a way that if you fail, it is no sin. It is a way to practice without putting yourself into a compromising situation.

Fasting is a good example of this outward training. When you fast, you are practicing saying no to the desires of your body. But if you fail in this, if you break your fast, you have not sinned. But you have learned something about how your flesh works, how difficult it is to fight against it, and how you need help from above to discipline the desires of your body.

Another example is almsgiving. An increase in giving to the church and its mission during Lent is also a form of outward training. We all know that our flesh finds security in money and stuff. By committing to give more to the church, you are training your flesh. You are, by this outward discipline, training yourself to be content with what God gives. You are practicing saying "no" to your desires. Again, if you fail, you have not sinned. But you've learned just how powerful your flesh is — it leads you instead of you leading it. You've learned how you need help from above in being content with what God gives.

This is why St. Paul instructs young Pastor Timothy in this way:

But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs. (1 Tim. 6:6–10)

Our sufficiency is not of ourselves; it is in God. Let us learn this without sin by training our flesh this Lenten season.

— LCMS Stewardship Ministry: lcms.org/stewardship

... **BE CONTENT**
with what you have;
for he has said,
"I will never leave you
or forsake you."

Hebrews 13:5, NRSV



PASTORS' REPORT

Each month a Pastoral Report is prepared in the Church Office. Classes, meetings, appointments, worship services, visitations and communions are tracked and reported by each pastor. In each month's newsletter we will be including the most recent form on file (January 2023).

	Home Visits	Hospital or Jail	Office Visits	Pro-spect Calls	Shut Ins/ Others Com-muned Privately	Shut Ins/ Others Visited- No Communion	NH Worship Attended	NH Worship Com-muned	Worship Services	Classes Taught	Mtgs. Attend
Visitation / Guest Pr.	0	0	~	0	3	1	0	0	14	7	1*
Lay Members	0	0	0	0	15	1	36	28	4	2	~

Baptisms: Mateo Mark Miller

Profession of Faith/Affirmation of Baptism: Mary Ann Fulton

Confirmed: 0

Weddings: 0

Transfer Out: 0

Released/Removed: Matt Anderson

Transfers In: 0

Deaths/Funerals: Donna Campbell

Official Acts:

*Pastor Longshore met with the family of Donna Campbell (funeral service will be in February) / Longshore visit shut-ins

Elders – 4 nursing home services / Elders visit shut-ins / Curt Becher – taught two 6th grade confirmation classes



Rev. Gatluk Reat January Report:

Sudanese Evangelical Lutheran

Mission Church

Attendance:

Week 1 – 15; Week 2 – 25; Week 3 – 21;
Week 4 – 30

Worship Services conducted in
Nuer & English in person and online.



Each gift has been recorded in the Trinity Lutheran Church Memorial Book located in the Church Office. We invite you to stop by the office and note the special donations given in love and remembrance. All gifts to Trinity Radio Club are recorded, then acknowledged by the Radio Club during their Sunday broadcasts.

IN LOVING MEMORY OF DONNA CAMPBELL:

Trinity Quilters

- \$20. by Dennis & Pat Blackmer
- \$25. by Richard and LaVonne Brick
- \$25. by James & Carolyn Cross
- \$30. by Brad & Maureen Luiken
- \$25. by Marilynn & Wayne Nelson
- \$25. by Julie Paquette
- \$25. by Lois & Gregory Paquette
- \$50. by Mark & Amy Selly
- \$200. by Family & Friends



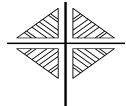
SAFE AND SECURE

The Resurrection is an exploding flare announcing to all sincere seekers that it is safe to believe. Safe to believe in ultimate justice. Safe to believe in eternal bodies. Safe to believe in heaven as our estate and the earth as its porch. Safe to believe in a time where questions won't keep us awake and pain won't keep us down. Safe to believe in open graves and endless days and genuine praise. ...

Because of the Resurrection, everything changes. Death changes. It used to be the end; now it is the beginning.

—Max Lucado, *When Christ Comes*

TRINITY LUTHERAN CHURCH



530 4th Street NW
Faribault, MN 55021
Phone: 507-331-6579
Fax: 507-331-0986

Weekly Service Schedule - Saturday, 5:30pm
Sunday, 8:00am and 10:30am
Radio Broadcast: KDHL (AM 920)- Sunday, 8:00am
Consolidated Communications TV channel 10
& Charter/Spectrum channel 181,
Monday &/or Tuesday, 3:30pm

WE'RE ON THE WEB!

WWW.TRINITYFARIBAULT.ORG
8:00 & 10:30am services live streamed

WWW.TRINITYRADIOANDVIDEO.ORG
APPS FOR APPLE / ANDROID AVAILABLE

- OUR MISSION -
CONNECT, GROW, GO



2023

Place
Postage Here
Post Office will not
deliver without
Postage

Address Service Requested

LENTEN MIDWEEK SERIES

Join us for our Lenten Midweek
series each Wednesday in March at
5:30 p.m....
The Parables of Lent

March 1, 2023 (Pastor Longshore)
Receive the WORD
THE PARABLE *of the*
SOWER *and the* SEED

March 8, 2023 (Pastor Stern)
Receive MERCY
THE PARABLE *of the*
GOOD SAMARITAN

March 15, 2023 (Pastor Stern)
Receive GRACE
THE PARABLE *of the* workers in the
VINEYARD



March 22, 2023 (Pastor Stern)
Receive the TREASURE
THE PARABLE *of the*
HIDDEN TREASURE *and the*
PRICELESS PEARL

March 29, 2023 (Pastor Stern)
Receive FORGIVENESS
THE PARABLE *of the*
PRODIGAL SON